



Internationaler
Rhönradturn-Verband

International Wheel Gymnastics Federation

Competition Rules 2018



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International Wheel Gymnastics Federation (IRV) Competition Rules 2018

The **IRV Competition Rules** are prepared by the Executive Board of the IRV.

The **IRV Competition Rules 2018** were approved by the IRV in September 2017.

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1. Competition Framework

1.1 Age groups

Junior girls/boys	14 - 18 years (see also 2/1.5.2b)
Senior women/men	16 -

1.2 Competitions

The Executive Board of the IRV is the regulatory body for all official international competitions and decides on the location of these events:

World Championships

The World Championships are held every second year (even years - 2014, 2016, 2018 etc.). The IRV Competition Rules and International Code of Points provide the documentation necessary to host the championships. The World Championships may only be hosted by member countries of the IRV. Applications from national associations should be submitted at least two years in advance. Documentation of suitability as a world championships organiser must be available on application (general infrastructure, sports halls, accommodation, catering etc.).

Team World Cup

A Team World Cup is held in the year between world championships (i.e. every 'uneven' year - 2017, 2019 etc.). The IRV Competition Rules and International Code of Points provide the documentation necessary to host the event. The Team World Cup may only be hosted by member countries of the IRV. Applications from national associations should be submitted at least two years in advance. Documentation of suitability as a world cup organiser must be available on application (general infrastructure, sports halls, accommodation, catering etc.).

The participating teams at the World Cup are decided as follows: The best **four** teams from the previous World Championships, provided that one of these teams is from the World Cup organising country. If the World Cup organising country is not among the best four teams from the previous World Championships, then only the best **three** teams from the World Championships plus **a team from the World Cup organising country** will take part at the Team World Cup.

1.3.1 World Championships competition categories

	straight-line	spiral	vault
All Around Gym Wheel			
junior girls	x	x	x
junior boys	x	x	x
senior women	x (to music)	x	x
senior men	x (to music)	x	x
Individual Finals Gym Wheel			
junior girls (jg)	x	x	x
junior boys (jb)	x	x	x
senior women (sw)	x (to music)	x	x
senior men (sm)	x (to music)	x	x
Team Championship			
jg + jb + sw + sm	2x (to music)	2x	2x

	technical programme	free programme
All Around Cyr Wheel		
senior women	x	X (to music)
senior men	x	X (to music)
Individual Final Cyr Wheel		
senior women		X (to music)
senior men		X (to music)

1.3.2 All Around Competition Gym Wheel

Juniors:

- The World **Junior All Around Champion in Gym Wheel** is the competitor with the highest combined score of the three disciplines straight-line, spiral and vault.
- All competitors are included in the results from the All Around competition.
- The All Around Competition is also the qualifying competition for the individual discipline finals.
- In order to qualify for the individual discipline finals, competitors may compete in only one or two disciplines within the All Around Competition.

Seniors:

- In the **Senior All Around Competition** there is a qualification round for all senior competitors.
- The women and men with the best combined scores from this qualification will proceed to the Senior All Around Finals (see 1.3.5 b).

- The Senior All Around qualification is also the qualifying competition for the individual discipline finals.
- In order to qualify for the individual discipline finals, competitors may compete in only one or two disciplines within the All Around qualification.

General:

- A **maximum of five gymnasts** per country may compete in each competition category (e.g. junior girls).

1.3.3 Individual Disciplines Gym Wheel

- All those competing in only one or two disciplines, compete within the All Around qualifying competition.
- All competitors have a chance of qualifying from the All Around competition to the individual discipline finals.
- The minimum scores required to reach a final (for both juniors and seniors) are:

Straight-line	7.00 points
Spiral	6.00 points
Vault	6.50 points (best of two vaults)

1.3.4 Team Competition Gym Wheel

- There is no separate team qualifying competition. Qualification to the World Team Final takes place **within the framework of the individual Junior All Around competition and/or the individual Senior All Around qualification.**
- A **maximum of one team per country** may be entered for the World Team Championships. Each team consists of **minimum four, maximum six gymnasts** (junior/senior, male/female mixed).
- A total of **6 routines** will count towards the team score:
 - **2 x straight-line to music**
 - **2 x spiral**
 - **2 x vault**

NB: Each team member must perform in at least one discipline and no team member may perform more than once in the same discipline.

- All gymnasts registered for the World Team Championships **have to take part in the individual Junior All Around competition or the individual Senior All Around qualification in their designated team discipline(s).**

Example: Gymnast XY is registered for the World Team Championships for her country in the disciplines *straight-line* (to music) and *vault*. This means that she has to compete in these two disciplines in the individual All Around competition/qualification in order for her score to count towards the team qualifying score.

- The national team members' scores from the All Around competition/qualification in their designated disciplines will be used to decide which **four teams** will take part in the **World Championships Team Final**.
- The **lowest of the 6 individual scores received is discarded** and does not count towards the overall team score.
- In the case of a draw between two or more teams, these discarded scores will be used to determine which team places higher. If this does not separate the teams, the discarded scores (highest/lowest) from all six routines will be taken into consideration. If it remains impossible to separate the teams, lots will be drawn to decide which teams go through to the final.
- **After the qualification to the team final has been decided, the teams may change their members. However, only gymnasts who have competed for their country in at least one discipline in the All Around competition/qualification may be included in the team line-up for the World Team Final.**

1.3.5 Finals Gym Wheel

a) All Around Final(s) Gym Wheel

Juniors:

- There is **no separate Junior All Around Final**
- The World All Around Junior Champion will be the competitor with the highest combined score of the three disciplines, straight-line, spiral and vault.
- The All Around competition is also the qualifying competition for the individual discipline finals.
- In order to qualify for the individual discipline finals, competitors may compete in only one or two disciplines within the All Around competition.

Seniors:

- There **is a separate Senior All Around Final**
- The senior women and senior men All Around will determine which gymnasts take part in this final.

- All senior competitors take part in the qualification (including those competing in only one or two disciplines).
- The six women and six men with the best combined scores (straight-line + spiral + vault) will qualify for the senior All Around Finals.
- The World All Around Senior Champions (men and women) are decided in the Senior All Around Finals. The World All Around Senior Champion will be the competitor with the highest combined score of the three disciplines, straight-line, spiral and vault.
- The total number of gymnasts permitted in the Senior All Around Final can increase given equal scores of two or more gymnasts. The definition of an "equal score" in this case is not only that the final scores of the gymnasts are equal, but also the total of the scores awarded by all the judges (i.e. 4 scores for execution and composition + 1 score for difficulty [+ 2 scores for musical interpretation]) are equal. NB: There is no limit regarding how many gymnasts per country may qualify for the All Around final.
- The maximum number of gymnasts is eight. In exceptional circumstances (nine or more qualified finalists), the competition committee will decide who will take part in the final.
- The All Around qualification round is also the qualifying competition for the individual discipline finals.
- In order to qualify for the individual discipline finals, competitors may compete in only one or two disciplines in the All Around qualification.

b) Individual Finals Gym Wheel

- The **best gymnasts** (number depends on number of gymnasts in discipline) in each discipline during the All Around competition/qualification go through to the **final** in that discipline.
 - Up to 15 gymnasts in a discipline = the **best four** gymnasts qualify for the final
 - 16 – 25 gymnasts in a discipline = the **best five** gymnasts qualify for the final
 - More than 25 gymnasts in a discipline = the **best six** gymnasts qualify for the final
- The **starting order** in the finals will be **in reverse order of the scores achieved** in the respective disciplines **in the All Around competition/qualification**.
- The **organising country** is **guaranteed two places in the individual finals** (junior and/or senior) according to the following rules:

- If the organising country has two or more finalists qualified for the individual finals (based on the results from the All Around competition/qualification), no additional places will be awarded.
- If the organising country only has one finalist qualified for the individual finals (based on the results from the All Around competition/ qualification), one additional place in a final will be awarded.
- If the organising country does not have any finalists qualified for the individual finals (based on the results from the All Around competition/ qualification), two additional places in a final will be awarded.
- Places in a final can only be awarded to gymnasts who have taken part in the All Around competition/qualification (junior or senior) and have achieved the minimum score required to compete in a final.
- In the case of two additional places in a final, the organising country decides whether to let one gymnast compete in two finals or two gymnasts compete in one final each.
- A maximum of **two gymnasts per country per discipline** can qualify for the individual discipline finals. The minimum scores required to reach a junior or senior final are:

Straight-line	7.00 points
Spiral	6.00 points
Vault	6.50 points (best of two vaults)

- If this limit to the number of finalists per country results in an insufficient number of gymnasts qualifying for the final (see point 1.2.2 b), then an additional gymnast (provided he/she has achieved the qualifying score) per country will be admitted to the final. If there are still places in the final free, the same pattern will be followed until all six places have been occupied.
- In the case that fewer than six gymnasts achieve the qualifying score, the final may take place with fewer than six finalists.
- It is also possible (*if and only if* fewer than six gymnasts achieve the qualifying score) for the ITC in co-operation with the competitions officer, to allocate places in the final to gymnasts whose performance in the All Around competition/qualification is considered to be at a satisfactory level to compete in the final, but who have not achieved the qualifying score.

- The total number of gymnasts permitted in a final can increase given equal scores of two or more gymnasts from any one country. The definition of an "equal score" in this case is not only that the final scores of the gymnasts are equal, but also the total of the scores awarded by all the judges (i.e. 4 scores for execution and composition + 1 score for difficulty [+ 4 scores for musical interpretation in the case of senior men/women straight-line]) are equal.
- The maximum number of gymnasts in a final is in general two gymnasts more than the regular number (see 1.3.5 b). In exceptional circumstances, the competition committee will decide who will take part in the final.

c) **Team Final Gym Wheel**

- The **four** best teams from qualifying take part in the **World Team Final**.
- The team members for the **World Championships Team Final** do not have to be the same as those registered for the qualifying competition.
A total of **6 routines** will count towards the team score:

- **2 x straight-line to music**
- **2 x spiral**
- **2 x vault** (In each case best of two vaults)

NB: Each team member must perform in at least one discipline and no team member may perform more than once in the same discipline.

- The **lowest of the 6 individual scores received is discarded** and does not count towards the overall team score.
- In the case of a draw between two or more teams, these discarded scores will be used to determine which team places higher. If this does not separate the teams, the discarded scores (highest/lowest) from all six routines will be taken into consideration.

1.3.6 All Around Competition Cyr Wheel

Men and Women:

- There is no separate All Around Final for Cyr Wheel
- Men and women compete in separate categories
- The World All Around Cyr Wheel Champion will be the competitor with the highest combined score technical programme + free programme
- The All Around competition is also the qualifying competition for the individual Cyr Wheel final.

1.3.7 Individual Final Cyr Wheel

The best competitors (maximum 4) from each competition category (men and women) in the All Around competition will qualify for the individual Cyr Wheel final (one final for men; one final for women). In the case of a "tie" for the fourth place as a finalist, the gymnast with the higher free programme score from the All Around competition will be prioritised. In exceptional circumstances, the competition committee will decide who will take part in the final.

1.4 Team World Cup

A team consists of 4 gymnasts (juniors and/or seniors) performing 6 routines as follows:

- 2 x straight-line to music
- 2 x spiral
- 1 x vault
- **1 elective routine** (either straight-line to music **OR** spiral **OR** vault)

A gymnast may perform **up to three exercises** – but **maximum** one exercise **per discipline**.

Competition Format

Each team enters its gymnasts into the start list without knowing the order in which the other teams have entered their gymnasts.

- The competition will consist of six rounds. One gymnast per team will compete in each round.
- At the beginning of each round the gymnasts know which other disciplines will be performed, but (apart from for their own team) they do not know who will be competing these disciplines.
- At the end of each round the gymnasts' scores will decide the order within the round (highest to lowest). The teams will be awarded points on the basis of this order:

• Winner of the round:	4 points
• Second place in the round:	3 points
• Third place in the round:	2 points
• Fourth place in the round:	1 point
- At the end of six rounds the sum of these points will give the final team scores.
- Each team has the opportunity to nominate **ONE JOKER** before the beginning of **one** of the six rounds. This joker means that the points obtained by the team for that round will be doubled. A joker has to be nominated **IMMEDIATELY BEFORE** the teams reveal which gymnasts are competing in the round.
- It is possible for all the teams to nominate their joker in the same round or for the jokers to be nominated in different rounds.

- In the case of a draw between two or more teams, the overall result of the “real” scores (scores given by the judges for each routine) will be used to determine which team places higher. If this does not separate the teams, the teams in question achieve the same place.

The current International Code of Points and the Competition Rules 2018 of the IRV apply. Both can be found on www.rhoenrad.com

1.5 Eligibility

1.5.1 General Start Authorization

Only gymnasts from IRV member countries may take part at official IRV championships (World Championships, Team World Cup). The minimum membership is an entry level membership, which is suitable for countries competing for the first time (with 1-3 gymnasts).

1.5.2 Minimum age and eligibility

The minimum age for participation in the world championships is 14. The actual age of the gymnast at the time of the competition is not the deciding factor, but the gymnast must have his/her fourteenth birthday in the competition year.

Gymnasts who have their 16th birthday in the competition year (or older) *may* take part in the senior category. Gymnasts who have their 19th birthday in the competition year (or older) *must* take part in the senior category.

Gymnasts who have already taken part in the senior category may not go back to the junior category.

The competition committee can exclude gymnasts from participating in the competition due to medical/health reasons.

1.6 Registration

1.6.1 Registration formalities for competitors

Any gymnast wishing to participate for an **IRV member country** must possess a valid passport for that country. The passport, or a copy of it, must be available for inspection (via the delegation leader) during the world championships. Registration takes place through the official IRV member organisation.

Registration deadlines are sent with the registration documents and must be respected by the countries. Late registration will result in a fine (see below) and can lead to disqualification from the championships.



- a) The following fines will be imposed for late registration:
- Pre-registration: € 10 per day
 - Main registration: € 35 per day (up to 14 days after the deadline)
- b) Registrations arriving later than this will not be accepted.
- c) Registration alterations (e.g. de-registration) at the championships are only possible in the case of injury or illness.

1.6.2 Registration fees for competitors

A registration fee per competitor is payable.
The fees are specified in the current version of the IRV Membership Regulations.

1.6.3 Registration formalities for judges

Each participating country at the World Championships must register **one judge per 4 competitors in Gym Wheel and one judge per 5 competitors in Cyr Wheel. Judges are not permitted to compete at the championships.** All Gym Wheel judges must already have a judging qualification (written confirmation of judging competence), a copy of which will need to be submitted together with the main registration. All judges will be expected to complete an online judging tutorial before the championships as well as take part in the judging seminar to be held on arrival at the World Championships.

As the Cyr Wheel regulations are still in a development stage, special rules will apply for Cyr Wheel judges. Information will be sent to countries that register Cyr Wheel gymnasts in their pre-registration.

The ITC in co-operation with the IRV Judging Officer will decide which judges to use in the championships.

If a country forgets to register a sufficient number of judges or does not make use of one of the options listed below, a fine of 350 € per missing judge will be imposed. In addition to this, the replacement judge's costs (travel, accommodation, full board) will have to be covered.

Member countries that are unable to provide the required number of judges have the following options:

- a) It is possible to ask the IRV for help to find a judge. In this case, the member country must contact the IRV as soon as possible, **at the latest with the main registration.** A fee of € 100 for the placement of each judge is payable to the IRV. In addition to this the member country will be expected to cover all costs, including travel, accommodation and full board for the judge(s).

2. Competition Requirements

2.1 Competition organisation

The competitions are to be carried out according to the following IRV Competition Rules for World Championships/World Cup competitions:

2.2 Competition committee

- a) The competition committee consists of:
 - a. The IRV Vice Presidents for Gym Wheel and Cyr Wheel
 - b. The IRV Competitions Officer
 - c. The IRV Judging Officer (or deputies)
- b) The three members of the complaints panel will be made public before the beginning of each competition. They must come from three different member countries.
- c) Protests are to be made in writing and without delay to the competition committee.
- d) A deposit of € 50 is payable in the case of a protest.
- e) If the protest is successful the deposit will be returned.

2.3 Competition equipment

- a) Only normalised (international norm) wheels are to be used for international competitions. The local organising committee, together with the relevant national association/representative, is responsible for ensuring that there are enough wheels for warm-up and competition. The local organiser is responsible for ensuring that a transport insurance policy with sufficiently high coverage is taken out for all wheels that are borrowed for the event.
- b) The IRV Competitions Officer may delegate certain wheels for specific disciplines. The competitors may then only use these wheels for warm-up and competition in the specific disciplines.
- c) Bringing and using one's own wheels for warm-up and competition is only possible with the permission of the IRV Competitions Officer.

2.4 Competition clothing

2.4.1 Wheel Gymnastics

All Gym Wheel gymnasts participating in IRV international competitions must comply with the following guidelines concerning competition clothing (for all disciplines except for straight-line with music):

Women:

- a) Gym shoes must be intact
- b) One-piece tight-fitting leotard, or
- c) One-piece leotard with tight-fitting gymnastics tights, or
- d) Cycling shorts with body

Men:

- a) Gym shoes must be intact
- b) Men's leotard with tight-fitting gymnastics trousers

The following applies for both men and women:

- a) The wearing of watches or dangling jewellery is not permitted
- b) Long hair must be tied back

Gymnastics clothing for straight-line with music

- a) Clothing must be tight so that the gymnast is not inhibited or endangered. Decorations in the form of sequins, buttons etc. are only permitted in a very limited quantity.
- b) Hair and make-up must be simple and discreet. Feathers, flowers etc. are not permitted.
- c) The use of props of any kind is not permitted.
- d) If the gymnast does not comply with the above, the head judge will ask him/her to change competition clothing. If the gymnast refuses to do so, the head judge may disqualify the gymnast from the competition.

2.4.2 Cyr Wheel

- a) The gymnast must keep the same costume throughout the routine
- b) The costume must be in good taste and not too permissive
- c) The gymnast's face must be visible
- d) The use of props in IRV competitions is **NOT** permitted

If the gymnast does not comply with the above, the head judge will ask him/her to change competition clothing. If the gymnast refuses to do so, the head judge may disqualify the gymnast from the competition.

If there is any doubt about these regulations, please contact the IRV

2.5 Competition areas

Measurements

Straight-line:	competition area	=	3m x 23m
	safety zone	=	max 7m x 27m
Spiral/Cyr:	competition area	=	13.5m x 13.5m
	safety zone	=	max 17.5m x 17.5m
Vault:	competition area	=	3m x 23m
	safety zone	=	max 7m x 23m

In case the designated sports hall for an international competition is not large enough to mark all safety zones according to the above-mentioned maximum sizes, the **safety zones** can be reduced to the following minimum sizes:

Straight-line:	competition area	=	3m x 23m
	safety zone	=	min 5m x 25m
Spiral/Cyr:	competition area	=	13.5m x 13.5m
	safety zone	=	min 15.5m x 15.5m
Vault:	competition area	=	3m x 23m
	safety zone	=	min 5m x 23m

The width of the tape belongs to the competition area or safety zone.

Preparation of the competition areas

The IRV Competitions Officer decides the number and spacing of the competition areas in the competition hall. The local organiser will then prepare the competition areas. These will be inspected and approved by the Competitions Officer before the beginning of the competition.

The competition areas and safety zones will be marked with tape such that they are easily distinguishable from the rest of the markings in the competition hall.

The marking of the competition area and the marking of the safety zone should be done in different colours. The minimum width for marking is **10 cm**.

2.6 Starting order Gym Wheel

The system for deciding the competition starting order places the gymnasts into "blocks" before the draw is made within each block. This should ensure that gymnasts from the same nation are distributed within a competition category and that the top ranked gymnasts will start towards the end of the starting order. This system is described in detail in points a) - g).

a) The starting draw for the All Around junior/senior competition/ qualification will take place after arrival at the championships.

- b) Only one starting order will be drawn for each competition category (junior girls, junior boys, senior women and senior men). All registered competitors will be included in this list, regardless of discipline.
- c) **The gymnasts will start their first discipline in the drawn starting order.** Gymnasts registered for only one or two disciplines will only appear on the starting lists in the relevant discipline(s).
- d) **On the main registration form, countries are requested to put their gymnasts in a ranking order from 1 to 5 (where rank 1 = highest qualified gymnast).** This ranking order will determine the block in which the gymnast starts in the All Around competition/qualification. **There will be three blocks per starting list** (whereby the number of gymnasts per block will be determined by the total number of gymnasts registered for the All Around competition and the number of disciplines in which they are competing).

Block 1 → first third of the starting list
 Block 2 → second third of starting list
 Block 3 → last third of starting list

} Number of gymnasts per block can vary

Table A

Number of registered gymnasts per country in a competition category	Block 1 starts the competition	Block 2 follows after Block 1	Block 3 follows after Block 2
1 (single starter)	See Table B		
2		1	1
3	1	1	1
4	1	1	2
5	1	2	2

Single starter = e.g. Country X registers only **one gymnast** for the junior boys competition category. The number of disciplines this gymnast will compete in is irrelevant.

Example:

Country XY registers 4 junior girls.

This will give the following distribution in the starting order for the first discipline:

Name	Ranking list order	Block
Gymnast A	1	3
Gymnast B	2	3
Gymnast C	3	2
Gymnast D	4	1

IMPORTANT → Number of disciplines per gymnast makes no difference:

Table B

In the case of more than one single starter in a competition category, the single starters will be allocated to the different blocks according to the following quota system. The numbers under the blocks represent the order of the draw for single starters.

Number of registered single starters per competition category	Block 1	Block 2	Block 3
1 single starter			1
2 single starters		2	1
3 single starters	3	2	1
4 single starters	4	3	1 + 2
5 single starters	5	3 + 4	1 + 2
6 single starters	5 + 6	3 + 4	1 + 2

etc.



In the case of 2 single starters, the first drawn gymnast will be in Block 3, while the second drawn gymnast will be in Block 2.

- e) **The final starting order will be produced after a draw within each of the three blocks.** (This draw will take place at the delegation leaders' meeting.)
- f) In the starting list for the second discipline, the first gymnast from the first discipline will be moved to the end of the list for the second discipline.
- g) In the starting list for the third discipline, the first gymnast from the second discipline will be moved to the end of the list for the third discipline.

Attention:

Depending on the number of registered gymnasts in a competition category (e.g. senior women/senior men etc.) a **new timetable** for the **All Around senior qualification** can be implemented, whereby gymnasts will be able to complete their respective qualifying competitions within a few hours (instead of all day). The overall starting order will be decided in the same manner as described above, but the final start list will then be divided into a certain number of blocks for men and blocks for women (depending again on the total number of registered gymnasts).

- h) During the competition the starting order may only be altered in special cases and in agreement with the IRV Competitions Officer and/or competition committee.
- i) **The starting order for the All Around senior finals and individual finals will be in reverse order of the qualifying scores from the All Around competition/qualification**, i.e. the gymnast with the highest qualifying score will start last in the final.

2.7 Starting order Cyr Wheel

The system for working out the starting order for the Cyr Wheel All Around competition will depend on the number of registered participants.

The starting order for the individual finals (men and women) will be in reverse order of the qualifying scores from the All Around competition, i.e. the gymnast with the highest qualifying score will start last in the final.

2.8 Warm-up

The IRV Competitions Officer is responsible for organising the warm-up times.

2.9 Pocket Cards

a) "Pocket Cards" are used to list the difficulty elements of a straight-line or spiral routine. The list must contain the correct order of the difficulty elements in English and their correct notation from the difficulty catalogue.

b) **The official IRV Pocket Card template from the IRV homepage (www.rhoenrad.com) must be used.**

c) **Pocket Cards must be submitted in advance.** The time and place for submission will be communicated on or before arrival at the championships.

d) Handwritten Pocket Cards must be legible ("readable"). The difficulty judges may reject a handwritten Pocket Card that they cannot read.

e) If a Pocket Card is not submitted at all, all contact with the judging panel and/or inquiries about the difficulty score after the routine are strictly forbidden.

2.10 Delegation leaders, coaches, physiotherapists

a) Each delegation **may accredit a maximum of two persons as delegation leaders.** The number of permitted persons depends on the number of registered gymnasts (independent of category) per nation. For up to ten gymnasts, one person may be accredited as delegation leader. For eleven or more gymnasts, two persons may be accredited as delegation leaders.

b) Each delegation **may accredit a maximum of five official coaches for Gym Wheel.** The number of permitted coaches depends on the number of registered Gym Wheel gymnasts (independent of category) per nation.

Example:	up to 4	gymnasts	→	1 coach
	5 – 8	gymnasts	→	2 coaches
	9 – 12	gymnasts	→	3 coaches
	13 – 16	gymnasts	→	4 coaches
	17 or more	gymnasts	→	5 coaches



c) Each delegation **may accredit one coach for Cyr Wheel**.

- Only **one coach** (must be **officially accredited**) per gymnast is allowed to enter the competition area.
- Coaches entering the competition area must wear delegation uniform (**track suit trousers, official team T-shirt** and/or **jacket**) and **sports shoes**.

d) Each delegation **may accredit 1 physiotherapist**.

2.11 First Aid

The **local organiser is responsible** for the presence of a **first aid team in the competition hall during warm-up and competition**. A doctor and an ambulance should be quickly available.