

Open Danish Championships 4
November 2018

Official Invitation

Organisor:

Ringsted Gymnastic Federation

Munkedalen 24

4100 Ringsted

Phone: 004524466396

Email: naolars@os.dk **Date:**

Sunday, November 4 2018 (Warm up: 9 am / Start of competition: 10.30 am)

Competition venue:

Ringsted Sportscenter Hall A

Tværalle 8

4100 Ringsted / Denmark

Google Maps Link:

<https://www.google.dk/maps/place/Ringsted+Sportscenter/@55.4474678,11.8004069,15z/data=!4m5!3m4!1s0x0:0xd323ea45e8bc37c6!8m2!3d55.4474678!4d11.8004069>

Competition Levels:

There will only be youth competition in the following groups:

Under 10 years old

10-14 years old

14-18 years old

Male and female gymnasts will be mixed in all age groups!

The current version of the IRV competition rules and code of points will be valid for all competitions! (www.rhoenrad.com)

Registration:

Please fill in the attached registration form and send it to **naolars@os.dk**! Registration deadline: **October 4st 2018**

Judges:

Each club has to bring one judge with appropriate qualification! If there are more than five gymnasts, a second judge will be necessary! If a judge is missing, the competition fee for all gymnasts will be doubled!

Clothes of Judges:

- Black long trousers
- Black Jacket/Blazer
- White blouse/shirt
- Black shoes (No high heels!)

Accommodation:

There will not be organized any accommodation. But here is some usefull links.

Youth hostel in Ringsted: Danhostel

Ringsted

Sct. Bendtsgade 18

4100 Ringsted Phone: 0045 57611526 Bed & Breakfast:

<http://www.visitringsted.dk/vestsjaelland/bed-breakfast/bed-breakfast-i-ringsted>

Registration

Open Danish Championships 2018

November 4th. 2018
Ringsted Sportcenter Hall A

Please fill in the registration form correctly and send it to naolars@os.dk
Registration deadline: **October 4st 2018**

General information:

Name of club:

Country:	
Name of representative:	
e-mail:	
Phone:	

Coaches:

	Name
1	
2	
3	
4	
5	

Judges:

	Name	SL	SP	VT	
1					
2					
3					
4					
5					
6					
7					

Athletes:

	Name	Date of birth	Competition	SL	SP	
eg	Max Mustermann	01.01.2016	Youth	X	X	X
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

VT

Wheel sizes

Registration fee:

Will be 150 DKR per gymnast. The amount can be payed on arrival.

Food & Drink: You are not allowed to bring your own food and beverages in the hall.

But there is a nice cafeteria in the hall we you can buy nice Italian food.

<http://www.fornis.dk/>